

**SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR  
WOMEN  
(University of Delhi)  
Vasundhara Enclave, Near Chilla Sports Complex  
Delhi-110096**

**NSS - Report 2016-17**

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969 with primary focus on the development of personality of students through community service. Today, NSS has more than 3.6 million student volunteers in India.

NSS volunteers are supposed to complete 120 hours of social service in one year. Throughout the year many activities are actively carried out by the volunteers of the college, like Educating underprivileged kids from nearby slum areas (Dallapura and Kondli), Vermicomposting, Old Age Home Visit, Orphanage Visit, Collection Drives (Winter Clothes Collection), Road Safety activities, Women upliftment related activities. The NSS volunteers also organize various camps like Eye check-up camp, Blood Donation Camp, Health Issues related Camps, Self Defence Training Camp etc. and organise various Rallies on social topics.

Following is the annual report of the College NSS Society listing different activities that were organised in the academic session (2016-17):

**1. International Yoga Day:**

It was celebrated in the college campus on June 21, 2016 to bring awareness about health benefits of Yoga. Students and staff members enthusiastically took part in the yoga session.

**2. Help in College Admission :**

The month of June came with the commencement of the Admission. The NSS volunteers organised the helping process through a helpdesk in the college foyer.

**3. Slogan Writing Competition :**

On the occasion of 70th Independence Day on 15 August, 2016, NSS society organised "Slogan Writing Competition" on the topic "Yaad karo kurbani" & "Aazadi 70".

**4. Swachhta Abhiyan :**

NSS volunteers adopted DDA market, Vasundhara Enclave & Noida Mor, near the college and carried out the cleanliness drive (1<sup>st</sup> September 2016). They spread the

word of cleanliness with the help of placards & by cleaning the area themselves. Some of the students also went to INDIA GATE for the march.

## **5. NSS Orientation :**

NSS ORIENTATION DAY was organised in the college on 19 September, 2016. Dr. (Mrs.) Parminder Sehgal, the Programme coordinator of whole NSS Body of Delhi, graced the event with her presence. Not just that, she also gave a presentation touching various fields where NSS has worked. Our dear ex-president and current Student advisor, Monika Gupta also presented the annual report of the session 2015-2016 along with a short documentary on slum teaching.

## **6. Celebration Of NSS Day :**

NSS unit of the College celebrated NSS day on 24th September, 2016. The theme of this year's NSS day was "Ill Effect of Drug Addiction". It started with a slogan writing competition on the same theme. Many students from the college participated in the competition enthusiastically. The competition turned out to be keenly fought. The three winners were awarded suitably at the close of the competition. Thereafter, the NSS volunteers along with our PO, Dr. Bimla Pawar, took out a rally from within the college and covered all the nearby areas, holding various posters and slogan cards and shouting effective slogans. The rally headed towards the nearby DDA market (Vasundhara enclave) and finally some of our NSS volunteers performed NUKKAD NATAK in front of hundreds of people. The Rally came back to the college and once again our volunteers performed Nukkad Natak in front of the college students too to spread awareness on the ill effects of drug addiction. The NSS day celebrations were successfully conducted and ended with the refreshment distribution to all the volunteers.

## **7. Matdata Month :**

The month of October came with the commencement of the Matdata. The NSS team conducted the awareness process by placing a helpdesk in the college foyer. The response was tremendous.

## **8. Graffiti Competition:**

The NSS Team of the college organised the Graffiti competition for the second time on 20th October. The theme for the Graffiti art was matdata. This was organized as a part of the matdata month - October to generate awareness among students regarding the importance of casting votes. This is the sure way their voices can be heard in forming the government. The event was graced by Mr CHARANJIT SINGH ARORA, sub divisional magistrate of east Delhi area. This was accompanied by voter card drive and became tremendously successful.

## **9. Plastic Collection drive\_:**

Collection of plastic water bottles was organised in the college by the NSS team during 24<sup>th</sup> October -26<sup>th</sup> October 2016, wherein NSS exhorted the students to feel

and experience this joy by just giving the plastic bottles which were used for making innovative articles by ENACTUS.

### **10.Collection of Stationary:**

There's someone, somewhere holding on an urge to seek knowledge, but some reasons makes them devoid of this... Help them to become fortunate enough that they too can join schools with basic stationery and learn. So, give it a thought once and raise interests in helping these children – With this campaign, NSS unit of the college organized a collection drive on 22 September 2016 in which students donated new stationery items, like Pencil, eraser, sharpener, sketch pens, notebooks, register, paints, crayons and much more. In the same way collection drive on “winter clothe collection” and later on distribution was done by the NSS volunteers in Dallupura and Kalyanpuri areas.

### **11.Ekta Divas :**

NSS SRCASW celebrated Ekta Diwas on 3<sup>rd</sup> November, 2016. The NSS volunteers pledged to always stay united and help each other. The pledge was followed by a rally in the adjacent market in order to promote the idea of “Unity is Strength” in which the volunteers recited various slogans and carried posters made on the theme “Unity is Strength”.

### **12.Old Age Home/Orphanage Visit:**

NSS Team visited SAI KIRPA ORPHANAGE on the eve of Diwali on 27<sup>th</sup> October 2016 to interact with the children and celebrate Diwali with them. The team carried sweets for them and celebrated rangoli making with them in which they all took part and enjoyed. The team also played games with the children in which they all performed dance, singing, poetry etc.

A short awareness session on NO USE OF CRACKERS was also organised. The NSS team and the children of the orphanage had great time together for near about three hours.

We visited Orphanages and Old Age Homes (Bhagwat Dham in Mayur Vihar phase I) on the weekends and spend the quality time with them. In the orphanages we teach them and organize various activities for them like rangoli making competition etc. In Old Age Homes volunteers learn a lot by interacting with the people over there.

### **13.Literacy drive:**

NSS volunteers of the college has been undertaking teaching for the underprivileged children in the college premises daily since past 2 years and the smile on these children's face comes as a reward. The activities held under the literacy drive include Diya making competition on Diwali, Writing competition, Drawing competition, Essay writing competition. **About 30 poor students are benefitting from this drive.** A sports day was organized for these students along with college sports fest “SPARDHHA 2017”.

#### **14.Stall on Diwali Mela :**

NSS unit raises funds for its round the year activities by putting up different stalls on Diwali Mela in the college. The following game stalls were put up this year on 26<sup>th</sup> October 2016 on the occasion of Diwali mela at the college campus: Card luck game, Fence the cookies & Guess the weight.

#### **15.Vermicomposting:**

In our college vermicomposting is carried out under NSS from the past two years. Two pits were dug, filled with organic wastes and then certain specific species of earthworms were added to them in the right proportion and kept under specified conditions for their growth and conversion of organic wastes into compost. Now after few months we are ready with compost!!! And this year also we are doing the same.

#### **16.IRSC (Indian Road Safety Campaign) Orientation:**

The NSS Team, being a part of IRSC organised an awareness talk on road safety on 25 October, 2016. The guests for the event were Mr. Rishi Pal, DCP, Delhi, Mr. Amar Srivastav and Ms. Sonali Kumara of I.R.S.C. and Mr. Mohammad Imran, founder trustee of the Safe Road Foundation.

Some of our volunteers also went to a road safety programme to understand the current scenario.

#### **17.Quiz on Road Safety :**

The NSS team organised a quiz on 19<sup>th</sup> October, 2016 for the college students on the topic "Road Safety" so as to check the general awareness and the Road sense of the students. The winners were awarded with gift hampers and it was a delight to see how aware, not just the winners, but all the participants were.

#### **18.Self Defence Camp:**

This camp was organised in collaboration with Delhi Police in the month of February, 2017 for ten days. It helped in boosting the confidence of college girls to defend themselves. There were 62 students benefited from this camp.

#### **19.HIV/AIDS Seminar:**

Seminar on HIV/AIDS was conducted on 3 February, 2017 to make the college students aware about the same. The prominent guest speakers included Mr. R.K Tyagi, District Programme Officer, Delhi AIDS Control Program Department, Mr. Amit Kumar Verma, MND expert and Ms. Anisha, Counsellor, Lal Bahadur Shastri Hospital.

The topic was highly sensitive and relevant to the youth of today. It covered the causes and symptoms of the disease, precautions to be taken to prevent it etc. The speakers also covered some of the prevalent myths about the disease and emphasized

that mere sharing food or hugging or shaking hands do not transfer the bacteria. HIV+ person also deserves to live his or her life like normal human beings and must not be discriminated in society.

## **20. Vittiya Saksherta Abhiyan/workshop :**

In the month of December- January (12 Dec.-12 Jan.) we organized classes for College's non-teaching staff and "Safayi Karamchari" on "Vittiya Saksharta" and volunteers went to market to interact directly with shopkeepers to teach them how to use different medium to avail the facilities like Cashless transactions. Almost 60 college members were taught in the two day workshop. And volunteers taught in the neighbourhood and around the DDA Market.

## **21.Voter's Day:**

Voter's day (25th January 2017) was celebrated in the college premises in which most of the college students took the pledge to cast their vote.

## **22.National Youth Forum on Drug Use Prevention:**

Two volunteers (Sweta and Shruti) went to the forum at "Vishwa Yuvak Kendra", Chanakyapuri, New Delhi-1100021 to participate in the panel discussion and lecture series.

## **23. Republic Day Parade Camp (2017):**

Ms Sweta (FT 3<sup>rd</sup> Year), NSS President, represented Delhi State in the prestigious Republic Day Parade 2017. Out of 3.6 million volunteers, only 200 volunteers from all the states and UTs are selected each year through various selection procedures. She attended a month long camp (1<sup>st</sup> Jan-31<sup>st</sup> Jan.'17) in New Delhi where she met various eminent personalities including the President of India, Shri Pranab Mukherjee, the Vice President, Moh. Hamid Ansari, the Prime Minister of India, Shri Narendra Modi.

## **24.Karvaan (2016-17):**

The Annual Cultural Fest of SRCASW was organised on 7-8 March, 2017. NSS unit put up stalls on both the days in which banners related to social issues were put up to spread the awareness. Many fun games stalls were there to raise the fund. Many other games such as "Paper Dance", "Doodle Competition", "Darpan" and Social Documentary Competitions were also organised.

## **24. Mental Health Awareness Seminar:**

An extension lecture was delivered by Dr. Roma Kumar ,Senior Psychologist at Max Hospital and Ganga Ram Hospital on "Mental Health Awareness and Stress Management" on 3<sup>rd</sup> March 2017. Many students attended the same.

## **25. Workshop on Disaster Management:**

Two Teachers ( Ms.Venika Gupta & Dr.Bimla Pawar) and two students ( Ms. Shorya & Ms. Manisha Khandelwal ) attended an Intensive Training in Disaster & Crisis Management, Basic Life Support, Emergency First Aid organised by National Task Force for Management ( A Unit of AIFPDM) on 31 March, 2017.

**26. Talk on PCOD (Polycystic Ovarian Disease):**

NSS unit organized a talk on PCOD (Polycystic Ovarian Disease) for its students/ staff on 7<sup>th</sup> April, 2017. Dr. Vandana Bhatia, Senior Consultant, South End Fertility and IVF Centre, Delhi, delivered a talk and conducted an interactive session with students and staff.

**27. Eye Check-up Camp:**

Eye check-up camp was organised by NSS in association with Eye Health Clinic on 11<sup>th</sup> April, 2017. This was a successful event. All the students along with teaching and non-teaching staff took part enthusiastically.

**28. Talk on Vermi-composting:**

NSS unit organized a talk on Vermi-Composting for all on 12<sup>th</sup> April, 2017. **Dr. B.C Sabata, Senior Scientific Officer, Dept. of Environment, Govt. of NCTD**, delivered a talk and conducted an interactive session. The talk was very informative and beneficial.

**29. Kids Talent Hunt:**

A Talent Hunt was organised for the underprivileged kids on 12<sup>th</sup> April, 2017. Kids of our Literacy Drive Program along with kids of various orphanages and slums took part in this event and shown their hidden talent. Prizes and refreshments were given to the participants to motivate them.

NSS unit of our college have been active throughout the year and the volunteers are working really hard to make a difference in the society.

Dr.Bimla Pawar  
Programme officer-NSS

## Glimpses of NSS Activities



**Graffiti Competition : Mattdata mahotsav**



**Streetplay on "DRUG ABUSE" by NSS Volunteers**



**Activities : Winter Clothes Distrib**



**Sports Day organised for Literacy**



**Volunteer dumping biodegradable waste from College mess and canteen in the vermicomposting pits.**



**National Youth Day : Rally organised by NSS volunteers**



**Cleanliness Drive in Nearby DDA market by NSS volunteers**



**Swearing-in ceremony on National Voter's day(25th Jan)**



**Self Defence classes o**